
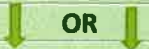

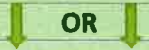
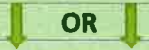

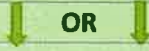
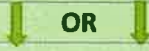




AUGUST

~Menu subject to change due to deliveries~

*THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

		Mon	Tue	Wed	Thu	Fri	
				19	20	21	22
				CEREAL CHEESEBURGER TOTS COOKIE FRUIT & SALAD BAR	CEREAL CORN DOG CURLY FRIES ORANGE FRUIT & SALAD BAR		Replace any main dish with: 
	23	24	25	26	27	28	29
		BAGEL TURKEY SANDWICH MAC AND CHEESE ROSY APPLESAUCE FRUIT & SALAD BAR	HAM & CHEESE BISCUIT TWIN TACOS CORN PEACHES FRUIT & SALAD BAR	BISCUIT & GRAVY CHICKEN ALFREDO GREEN BEANS BREADSTICK FRUIT & SALAD BAR	PANCAKE ON A STICK CHICKEN SANDWICH BAKED BEANS ORANGE FRUIT & SALAD BAR		A cold deli sandwich 
	30	31					
Free seconds on all veggies and sides!! 		BAGEL PIZZA BURGER POTATO WEDGES ROSY PEARS FRUIT & SALAD BAR					 OR 
Milk offered with EVERY meal! 							 OR 
							 OR 
							A fruit salad



SARGENT CAFETERIA NEWSLETTER

*August food holidays
you can celebrate at
home!*

*Aug 19th - National Soft
Serve Ice Cream Day*

*Aug 20th - National Bacon
Lovers Day*

*Aug 26th - National Cherry
Popsicle Day*

*Aug 31st - National Trail
Mix Day*

WELCOME BACK!!

We know things are going to be a little different this year, but we are so excited to see everyone. It has been way too long. Please make sure you fill out a Free and Reduced form this year if you haven't yet. We look forward to seeing all your smiling faces!

Val, Evelyn, Darlene, Lori, Shelley, and Kelli

veichner@sargent.k12.co.us klister@sargent.k12.co.us

ALA CART

Pizza.....	3.00
Chips.....	1.25
Fruit.....	0.75
Cheese stick.....	1.00
Cookie.....	1.25
Fruit Slushy.....	1.00

PRICES

Breakfast.....	2.00
Elementary Lunch.....	3.05
Secondary Lunch.....	3.05
Adult Lunch.....	3.80
Adult Breakfast.....	2.75

**Start your day the
healthy way, eat
breakfast every
day!!**